#### **FACULTY PROFILE**

1. Name (Block Letters ) : POOJA. M 2. Date of Birth : 14.11.1993

3. Present Designation : PHYSICAL EDUCATION DIRECTOR

4. Phone Numbers : -

 Residence Phone No.
 : 9036329221

 Mobile No.
 : 9844246874

E-Mail : poojambajarangi@gmai.com

5. Academic qualification



Sl.No.	Qualification	University	Year of Passing	Class	Rank/medals
1	Ph. D	Registered	25 <sup>th</sup> -January-2019	Pursuing	Pursuing
2	KSET	Mysore University	2016	Qualified	-
3	M.P.Ed	Kuvempu University	2017	75.71%	2 <sup>nd</sup> Rank &Gold medal.
4	B.P.Ed	Kuvempu University	2015	86.67%	1 <sup>st</sup> Rank &Gold medal.
5	P.G .Diploma in YOGA	Kuvempu University	2015	74.46%	4 <sup>th</sup> rank.
6	Degree B.B.M	GFGC Shimoga	2011-2014	70.56%	-
7	P.U.C	Government P.U. College Ayanuru shimoga	2010-2011	65.00%	-
8	S.S.L.C	G.H.S.Kulambi-Kundur,Honnali Tq, Davanagere District.	2008-2009	69.60%	-

### 6. Earlier Service details

Sl.No.	Position	Year		Name of the Institution	Permanent/	
		From	То		Temporary	
1.	Lecturer	2017	2018	Dpt of Studies in Physical Education & Sports Science. Mysore.	Guest Faculty	
2.	Physical Education Director	2018	2019	KNMN College .Shivamogga.	Guest Faculty	
3.	Physical Education Director	2019	Till Date	KLE's G H College. Haveri.	Government (Permanent)	

# 7. Research details: Seminars/Symposiums/Conferences/Workshop participated/ presented/award

SI. No.	Level	Name of the seminar	Topic	Place	Date	Participated/ Presented/ Award
1	International	Seminar	"A Review on effectiveness of plyometric training on different surfaces".	Gulbarga university, kalaburagi, Karnataka,india.	24th-25th March 2017	Presented
2	National	Seminar	"Establishing Reliability For Modified Joint Reposition Sense Test"	Sri Padmavati mahila visvaviddyalam, Tirupati, Andhra Pradesh.	22nd and 23rd March 2017	Presented
3	National	Seminar	"THE RELEVANCE OF SPORTS IN HIGHER EDUCATION LEVEL".	PES Institute of Advance manegment Studies, Shivamogga.	15 <sup>th</sup> Nov 2019	Presented
4	National	Seminar	"Computer application in physical	University college of science,	9 <sup>th</sup> feb 2018	Presented

			education".	Tumkur university		
5	National	Seminar	"Elucidating the benefits of yogic practice on sports persons".	Ganesar college of arts and science Melasivapuri, Tamilnadu.	3 <sup>rd</sup> march 2018	Presented
6	National	Seminar	U.G.C Sponsored National Seminar on " THE IMPORTANCE OF MEDITATION IN YOGA AND OUR LIVES".	Chitradurga.	8 <sup>th</sup> January 2015	Participated
7	National	Seminar	U.G.C Sponsored U.G.C Sponsored National Seminar on "PHYSICAL EDUCATION AND YOGIC SCIENCE".	Davanagere	30th January 2016	Participated
8	International	Conference	International Conference On Physical Education, Yoga And Sports Science(ICPEYSS).		24th-25th March 2017	Participated
9	National	Seminar	U.G.C Sponsored National Seminar on "THE ROLE OF WOMENS PARTICIPATION IN SPORTS FOR WOMEN EMPOWERMENT" held at sri Padmavati mahila visvaviddyalam.	Tirupati, Andhra Pradesh.	22 <sup>nd</sup> & 23 <sup>rd</sup> March 2017.	Participated

1	National	Workshop	Youth Red Cross "Disaster Management".	GFG College, Shivamogga	21st October 2014	Participated
2	National	Workshop	Youth Red Cross "FIRST-AID AND AWARENESS OF ROAD SAFETY"-	Kuvempu University.	23rd November 2015	Participated
3	National	Workshop	U.G.C Sponsored National Two days' Workshop on "SPORTS INJURIES, TREATMENT MODALITIES, SPORTS MASSAGE AND CPR"-	Belagavi.	25th February 2017	Participated
4	National	Workshop	Two Day Workshop on "Officitaing in Athletics and Coaching in VolleyBall.	Dpt of studies in physical education and sports &sciences, mysore.	23 <sup>rd</sup> &24 <sup>th</sup> March 2018.	Participated
5	-	FDP	Two Days Workshop On "Structural Equation Modeling in Research & Devolvement". (FDP).	Bapuji Institute of Engineering & Technology,  Davangere.	30 <sup>th</sup> and 31 <sup>st</sup> August 2019.	Participated
6	National	Workshop	One Day national Level Workshop On "Research Paper Writing".	SSS Samitis Mahaveer,P, Mirji College of Commerce.	25 <sup>th</sup> October, 2019	Participated

National Workshop	International	State	Regional	Total
05	-	-	-	05
National Seminar	National Level Conference	International Seminar	-	-
07	01	01		09

8. List of Publications (Research papers/Conference proceedings with ISSN/ISBN)

Sl. No.	Title of the paper	Name of the journal/vol. No(Issue No.)	Year of publication	Impact factor	DOI Id	ISSN/ISBN
1	Pooja M, Nagaraja Y and Nagarjuna S. (2018). "Assessment and compare the physical education and sports conveniences in government and aided high schools of Tarikere Taluk Karnataka state",	International Journal of Yogic, Human Movement and Sports Sciences <b>Vol</b> .3(1): <b>PP</b> 716-718.	2018	(RJIF):5.18	-	ISSN:2456-4419.
2	Satyanarayana LH, Pooja M and Nagraja Y (2018). "A comparative study on aggression between individual and team game inter-collegiate men players of Kuvempu University".	International Journal of Physiology, Nutrition and Physical Education; <b>Vol</b> 3(1): 1002-1003.	2018	-	-	ISSN:2456-0057.
3	Pooja M, Nagaraja Y and Yathesh SK. (2018). "A study on socio-economic status of Kuvempu university intercollegiate volleyball and Kabaddi players",	International Journal of Physical Education, Sports and Health; <b>Vol</b> 5(2): PP126-127.	2018	(ISRA):5.38	-	P-ISSN: 2394- 1685. E-ISSN: 2394-1693.

4	Pooja M, Satyanarayana L. H, Nagaraja Y (2018). "A Comparative Study on Physical Fitness Components between Residential andNon Residential High School Boys of Channagiri Taluk Davanagere District".	Online International Interdisciplinary Research Journal, {Bi-Monthly}, <b>Volume</b> -08: 173-177. March, Special Issue.	2018	-	-	ISSN 2249-9598,
5	Pooja M, Nagaraja Y. "A Proportional Study on Shoulder Strength and Leg Strength of Kuvempu University Feminine Volleyball and Handball Players of Inter-Collegiate level",	International Journal of Science and Research (IJSR); <b>Volume</b> 7(3) pp 1403-1404.Issue 3.	March 2018	(IJSR): 6.391.	-	ISSN Online: 2319-7064
6	Satyanarayana LH, Pooja M and Nagraja Y (2018). "Compare the competitive state anxiety of handball and volleyball Kuvempu University inter-collegiate men players".	International Journal of Physiology, Nutrition and Physical Education; Volume 3(1): 1119-1121.	2018	-	-	ISSN: 2456-0057
7	Nagaraja Y and Pooja M (2018). "An assessment on level of sports competition anxiety among intercollegiate female Kho-Kho players".	International Journal of Yogic, Human Movement and Sports Sciences; <b>Volume</b> 3(1): 1162-1163.	2018	(RJIF):5.18	-	ISSN: 2456-4419
8	Pooja M, Satyanarayana LH, Sampath Angadi V (2018) ." Proportional study on sports, yoga and health awareness of the rustic and urban high school students of Shivamogga district".	International Journal of Yoga, Physiotherapy and Physical Education: Volume 3 Issue (2): 131- 133.	March 2018	(RJIF):5.24	-	ISSN: 2456-5067
9	Satyanarayana LH, Pooja .M ,and Maheswara B N.(2018) "A study on psychological profile achievement motivation of hand ball and volleyball female inter collegiate player of Kuvempu University" .	International journal of physiology, Nutrition and Physical Education: <b>Volume</b> 3 <b>Issue</b> (1):1492-1494.	2018	-	-	ISSN:2456-0057

10	Khalid Khan, <b>Pooja M.</b> and Gajanana	INDIAN JOURNAL OF PHYSICAL	January	UGC	DOI:ID	ISSN:
	Prabhu B. (2018). "Differences in balance	EDUCATION, SPORTS AND APPLIED	2010	Approved	0= 0046	2222 ==21/42)
	ability between sportspersons belonging	SCIENCE, VOL.8, NO.1.PP 2455-0175	2018	Journal	05-2016- 2229-550X(P)	2229-550X(P)
	to indigenous and non-indigenous			Scientific 4497545		
	sports"			Journal:	1.	
				4.917		

### Summary of the above

National	International	State	Regional	Total	h-index
01	09	-	-	10	-

## 9. Participation in Orientation and Refresher Courses :

Sl.No.	Programme / Course	Duration	Name of the University/institute.
		(mention From & to date)	
1	One day state level orientation programme on NEP 2019, Integration Teacher Education Programme (ITEP).	ONE DAY 26 <sup>TH</sup> JULY 2019	AL-MAHMOOD B.Ed College, R.M.L Nagar, shivamoga, Kuvempu University.
2	FDP On "STRUCTURAL EQUATION MODELENG" Faculty Devlopment Programme (FDP).	30 <sup>TH</sup> & 31 <sup>ST</sup> August 2019.	Bapuji B- schools, Davanagere, Davangere University.

- 10. Important responsibilities held during career: (furnish the list in your own format)
- 11. Memberships Academic / Professional / Social bodies: (furnish the list in your own format)

- Represented kuvempu university in the 'KHO-KHO' inter university competbeition in the years of 2011-2012.
- Represented Kuvempu University in the "WRESTLING"All India Inter-University Competition in the years of 2012-13, 2013-2014, 2014-2015.
- Represented Kuvempu University in the "TABLE TENNIS" South Zone Inter-University Competition in the year of 2016-2017 Held at Anna University Chennai
- ➤ Kuvempu University Inter-Collegiate "WRESTLING" Competition 1st place gold medals in the years of 2011-12, 2012-13, 2013-2014, 2014-2015.
- ➤ Kuvempu University Inter-Collegiate ATHLETICS MEET Competition 1500MTR RUN 3rd place in the year of 2012 October.
- ➤ Kuvempu University Inter-Collegiate "KHO-KHO" match 3rd place in the year of 2013February.
- ➤ Kuvempu University Inter-Collegiate "KABADDI" match 3rd place in the year of 2013February.

#### **DECLARATION**

Above given information is correct and true to the best of my knowledge.

Signature